



CIRCADIAN RHYTHM

You may benefit from Vibrant Blue Oils [STRESS SUPPORT KIT™](#) or [CIRCADIAN RHYTHM™](#) blend

Difficulty falling asleep
Difficulty staying asleep
Difficulty waking up in the morning
Don't feel well rested after sleep
Difficulty recovering from physical activity

Energy drop between 4 and 7 in the afternoon
Get sleepy in the winter, especially as the light diminishes
Get afternoon headaches
Don't remember your dreams
Wake up wide awake

LIVER

You may benefit from Vibrant Blue Oils [Detox Support Kit](#) or [LIVER™](#) blend

Wake up between 1 – 3 a.m.
Become sick, easily intoxicated or hung over when drink wine
Sensitive to smells, like tobacco smoke
Hemorrhoids or varicose veins

Chronic fatigue or Fibromyalgia
Weight gain, cellulite, indigestion or abdominal bloating
Mood swings or depression
Skin rashes

GALLBLADDER

If you answer yes to one or more below, you might consider supporting your gall bladder with Vibrant Blue Oils [GALL BLADDER™](#)

Pain between my shoulder blades
Stomach feels upset by greasy foods
Stools are greasy, shiny or float in the toilet
Nausea or motion sickness

Dry skin, itchy feet or peeling skin on the feet
Mild headache over eyes
Dry skin

LEAKY GUT

If you answer yes to one or more above, you might consider supporting your gut repair with Vibrant Blue Oils [GUT SUPPORT KIT™](#)

Digestive issues such as gas, bloating, diarrhea or irritable bowel syndrome (IBS).
Seasonal allergies or asthma.
Hormonal imbalances such as PMS or PCOS.
Autoimmune Diagnosis
Chronic fatigue or fibromyalgia.

Mood and mind issues such as depression, anxiety, ADD or ADHD.
Skin issues such as acne, rosacea, psoriasis or eczema.
Candida (yeast) overgrowth
Food allergies or food intolerances
Headaches, brain fog, memory loss

HORMONAL BALANCE

You may benefit from Vibrant Blue Oils [HORMONAL BALANCE](#) blend

Heels cracked and dry
Libido MIA
Rapid weight gain that won't budge
Irregular periods? Intense PMS? Hot flashes or other menopausal symptoms
Feeling moody, irritable, weepy or have unstable or unpredictable moods

Hair loss at the crown of your head, or growth on chin or other weird places
Hair feels dry and 'crispy'
Skin looks crepe-y and hangs off cheeks or chin.
Fat accumulating in new places – under arms, muffin top, pectorals, or knees
High Cholesterol